



### Head and Neck Self Rating Form

Name/MRN: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's date: \_\_\_\_\_

Please mark to indicate the treatment you are currently receiving: \_\_\_ Radiation \_\_\_ Chemotherapy \_\_\_ N/A Week of treatment: \_\_\_\_\_

How much are you are eating and drinking by mouth?

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
I am using my PEG for all nutrition-----☐ I use my PEG sometimes-----☐ I never use my PEG/don't have a PEG										

Please indicate to what degree these situations have affected you in the past week: 0=not at all and 10=all of the time

Dry mouth

0 1 2 3 4 5 6 7 8 9 10

Mouth pain

0 1 2 3 4 5 6 7 8 9 10

Painful swallowing

0 1 2 3 4 5 6 7 8 9 10

Sore throat

0 1 2 3 4 5 6 7 8 9 10

Change in taste

0 1 2 3 4 5 6 7 8 9 10

Are you receiving Home Health therapy? Yes / No

<b><i>For SLP use only:</i></b>	
<i>Distress score:</i>	
_____	
— <i>Weight: stable/losing/gaining</i>	
_____	
<i># of supplements:</i>	
_____	
<i>Types of food:</i>	
_____	
— <i>HEP completion:</i>	
_____	
<i>Jaw ROM pre: _____ post:</i>	
_____	
<i>DDK pre: _____ post:</i>	
_____	
<i>Tongue score</i>	
_____	